

CERTIFICATE

OF PARTICIPATION

This is to certify that

Phillia Manka

Has successfully participated & completed the

21km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 03:39:25

PACE 10:25/km

GENDER 270 of

323

OVERALL 663 of 766

SENIOR (20- 146 of

39) 175

26 October 2019, Sat

Date

